

FAMILY FAITH FORMATION INCLUDES:

Forming Lifelong
Relationship with Christ

Sharing Catholic
Truths and Traditions

Teaching Prayer and
the Sacraments

Engagement on the
Mission of the Church

Community and
Fellowship

Strengthening Families
and Domestic Churches

Flexible
Faith Living

We achieve these through Faith,
Family, Friends, Food and Fun



FOR MORE INFORMATION:

We welcome all who want to grow
together with Love and Faith.



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The family that prays together stays together!
Venerable Patrick Peyton, CSC

WHAT IS

FAMILY FAITH FORMATION?

The Catholic Church defines the family as the “**domestic church**” — a community of faith, hope, and charity, where God’s love is welcomed, lived, celebrated, & passed on to the next generation. Family Faith Formation session brings lessons learned in to life at home, fostering a shared spiritual life, mutual respect, and a commitment to living out the Gospel in everyday relationships regardless of ones stage of life or belief.





WHY FAMILY FAITH FORMATION NOW?

It is not about knowing who Jesus is, it is about encountering Him

Strengthens Family Bonds

Builds Parish Community

Makes Faith Relevant & Joyful

Enhance Catechesis

Flexible Scheduling

Promotes Lifelong Discipleship

OUTLINE OF *a Month*

Week One

In-Person Family Faith Formation Sessions

Week Two:

Christian Service

Week Three:

Sacramental Preparation and Youth Ministry

Week Four:

Family Mass and Make-up Sessions



YEARLY THEMES

Who is Jesus?

Prayer

Mass and the Eucharist

Discipleship

The Four Pillars of the Catholic Church

Catholic Social Teaching

WHAT MIGHT A SESSION LOOK LIKE?

Formula for Sessions

Gather, Listen,
Proclaim, Send Forth

Outline of each of the Sessions

+ Simple Meal

+ Opening Prayer & Introduction to Topic

+ Interactive Teaching/Experience

+ Closing Prayer and Monthly Challenge

+ Home Kits